

## Boxed Wine: A Surprising Way to Go Green for Earth Week

April 23, 2010 at 4:30 PM by Catherine Lo | [comment](#)

For a simple way to be more eco-friendly: The next time you're at your local wine shop, think about buying a boxed wine.

Yes, I know, some of you are shuddering at the thought of the sour, unpleasant plonk you'd been served at that block party or dance from your younger days (or maybe that's just me). But, boxed wines have vastly improved in quality and there are now some very good wines available that just happen to have been put in a box.

The bag-in-box containers are often made with recycled material and are considerably lighter in weight than their equivalent of four conventional bottles (and hence require less packaging, and less fuel and space for transport). While the internal bags (which collapse as the wine is drawn out, meaning the rest stays fresh for 4 to 6 weeks) are most likely not recyclable, the cardboard boxes are.

To start you off, here are a few that we've enjoyed in the Test Kitchen recently:

1. Big House Red, an easy-drinking blend from California \$22
2. The Wine Cube's Pinot Grigio, a full-bodied white available in Target Stores \$18

So, go ahead and make a toast to Earth Week - it'll be one more small step in the right direction. For a list of over 50 more easy ways to lead a greener lifestyle, check out our [Green Living guide](#).



Photo Credit: Cathy Lo